



JOURNEY TO EXCELLENCE ACADEMY

Journey to Excellence (JTE) Academy is a division of Spitzer University, which provides in-depth training and certification for senior executives, HR specialists, and professional facilitators. The Academy's premier offering is the *Journey to Excellence Series*.

Journey to Excellence is a robust learning experience which synthesizes Fr. Robert Spitzer's, S.J. Ph.D. Graduate course (developed when President of Gonzaga University) in Personal, Ethical, and Organizational Excellence. The JTE curriculum consists of 16 milestones (learning units which unlock profound insights on human excellence, and translate them into practical application at the individual and corporate levels.)

Spitzer brilliantly borrows from 130 prominent authors over two millennia from the disciplines of philosophy, psychology and management science. His fundamental insight, *The Four Levels of Happiness*[®], serves as a timeless model for understanding and achieving human flourishing.

The 16 unit training includes: 1) learning materials for individual preparation, 2) small group cohort meetings (limit of five participants), 3) 1:1 mentoring, 4) one session with Fr. Spitzer live. In addition to Journey to Excellence certification from Spitzer University, participants can earn CEU as well as SHRM credits.

Participants receive:

EXECUTIVE MATERIALS:

- Journey to Excellence Executive Binder with summaries, transcriptions, exercises, and glossary of terms
- Spirit of Leadership book
- Sixteen Spitzer lectures (mp3 format) in advance of cohort meeting
- Sixteen Spitzer lectures (mp3 format) post-cohort meeting

PEER COHORTS (five member limit):

- Sixteen faculty facilitated cohort meetings by video conference (one with Fr. Spitzer)

DIAGNOSTICS AND PROFESSIONAL MENTORING:

- Three hours 1:1 mentoring for customized application of concepts

This is a rare opportunity to step back and check in on your goals and aspirations, and how you achieve them. The concepts will continue to help me in my personal life, leadership role, and company.

-Nick Jammal, President and CEO, Ashtabula Rubber

I thoroughly enjoyed the ancient wisdom with modern application. JTE Academy raised both my self-awareness and leadership skills.

-Melissa Crawford, Chief Marketing Officer, Physicians Mutual

JTE Academy took me to a new level both personally and professionally. I highly recommend it.

-Tim Splane, Training Manager, Hercules Industries

Upcoming Cohort Launches:

August Cohort begins: Week of August 12
September Cohort begins: Week of September 9
October Cohort begins: Week of October 28

Optimal day and time to be determined by confirmed registrants